

**2010 NPC BATTLE OF THE BODIES
AND KENDRA ELIAS FITNESS, FIGURE AND BIKINI CHAMPIONSHIPS
BODYBUILDING, FITNESS, FIGURE, AND BIKINI
SATURDAY, MAY 8TH TULSA, OKLAHOMA**



Thoreau Demonstration Academy 7370 E. 71st St. Tulsa, OK

Teen, Novice, Open, Masters - Bodybuilding, Fitness, Figure, and Bikini

Contest Promoters: Michael and Kendra Elias

Please contact with any questions: ph: 918-633-4185 email: Michael@MichaelandKendra.com

Hotel Info: RENAISSANCE TULSA HOTEL AND CONVENTION CENTER

Book by April 7th and mention "Battle Of The Bodies" for Discount Rate 1-800-264-0165

Teen Bodybuilding will have 1 class

Masters Bodybuilding will have the following classes:

Women 35+, Men 40+, Men 50+

Novice Bodybuilding will have the following classes:

Women: LW up to 125 lbs, HW, Over 125 lbs

Men: LW under 165 lbs MW up to 187.25 HW over 187.25

Open Bodybuilding will have the following classes:

Women: LW up to 125 lbs, HW, Over 125 lbs

Men: LW up to 154.25 MW up to 176.25 LHW up to 198.25 HW over 198.25

Figure will have 2 height classes: Class A: up to 5'4" Class B: over 5'4"

Bikini will have 2 height classes: Class A: up to 5'4" Class B: over 5'4"

Fitness will have 1 class

Masters Figure will have 1 class: Over 35

Masters Bikini will have 1 class: Over 35

Beautiful Collector Quality
Swords Presented To The
Top 3 In All Classes!

Friday May 7th Weigh-in and Competitor Meeting 6PM Symmetry Gym, 6939 East 71st Street Tulsa, OK

Please be on time. There will be no late weigh-ins.

Important - all athletes with music must turn in their music on CD at the weigh-in. Please bring or wear your posing suit to weigh-in.

Saturday Schedule

8:00 AM Athletes Report Backstage For Prejudging

9:00 AM Prejudging begins

5:00 PM Athletes Report Backstage for Finals

6:00 PM Finals Begin

Entry Deadline: All entries must be postmarked by April 23rd 2010. \$50 late fee

First class entered is \$65 Each additional class entered is \$40

Return this form with a check for your entry fee made out to Michael Elias, and a copy of your NPC card to:

Michael Elias 5335 E. 95th St. Tulsa, OK 74137 (IF YOU DO NOT YET HAVE YOUR NPC CARD MAKE SURE TO BRING IT TO THE WEIGH-IN ON FRIDAY NIGHT)

Class Entered: Circle Division TEEN / MASTERS / NOVICE / OPEN / FITNESS / FIGURE / BIKINI

Estimated Height / Weight / Age Division Entered (If Applicable) : _____

Name _____ Date Of Birth _____ Age _____

Address _____ City _____ State _____ Zip _____

Telephone _____ Email _____

Online Entry and Tickets available at www.OKBodybuilding.com